

DEAR ABBY

DIFFICULT LIVING WITH A GLOW-MO-SAPIEN

Dear Abby,

I never imagined that my marriage would come to this. My husband has always been a loving and supportive partner, but lately, there's been a significant, and frankly bizarre, shift in our relationship. It all started when he began **glowing bright green after a freak accident at work on May 6, 1995.**

At first, it was kind of amusing, like living with a human NIGHTLIGHT. But as time went on, the novelty wore off, and reality set in.

I can't sleep!

No matter what we do, the light emits, making it impossible to get any rest. I've tried having Kevin wear blackout clothes to bed, but the glow still manages to peek through. We even attempted having him sleep in the garage, but that just made him feel rejected.

Our marriage is becoming increasingly strained. Kevin

feels terrible about the whole situation, but it's not something he can control. I love him dearly, but I'm exhausted, and I'm afraid that this is going to tear us apart if we don't find a solution soon. I don't want to resent him for something he has no control over, but I'm starting to feel desperate.

Sincerely,
Married to a Glow-mo-sapien

Dear Married to a
Glow-mo-sapien,

First, let me say that your situation is certainly one for the books! While having a glowing husband might sound like something out of a sci-fi novel, I understand that it's no laughing matter when it comes to getting a good night's sleep.

Since you've already tried the usual tactics—like blackout clothes and, well, banishing him to the garage—it's time to get a bit more creative. Here are a few ideas that might help you reclaim your rest and keep your marriage shining bright (pun intended):

Glow-Proof the Bedroom:
Consider investing in

blackout curtains, extra-thick eye masks, or even a light-blocking canopy over your bed. These could help block out the glow, giving you the darkness you need to sleep.

Embrace the Glow: If you can't beat it, why not try to embrace it? Incorporate Jim's glow into your nightly routine. Perhaps some soothing green light could become part of a relaxing pre-sleep meditation or even a playful reminder of how special your relationship is.

Laughter as the Best Medicine: Keep your sense of humor alive. Humor can help ease the tension and remind you both that, as odd as this situation is, you're in it together.

Remember, this glowing predicament may be unusual, but what matters most is how you both handle it as a team. Communication, understanding, and a little creativity will go a long way in ensuring that your marriage continues to glow in all the right ways.

Wishing you restful nights and bright days ahead!

Abby